



# Capitol Area Council BSA Aquatics Supervision Swimming and Water Rescue

The Safe Swim Defense plan says: It is strongly recommended that all units have at least one adult or older youth member currently trained in BSA Swimming and Water Rescue or BSA Lifeguard to assist in planning and conducting all swimming activities. Persons completing the training should be better able to access their preparation to supervise water activities.

The training is open to any registered adult leader, Scout, Venturer, or Explorer who is age 16 or older.

The training is conducted by council approved instructors, takes roughly eight hours and is valid for three years. You must be able to pass the BSA swimmers test and be able to retrieve a 10lb brick from 8ft of water to take this class and pass the final written test to get the badge.

Wear a swim suit and dress appropriately for the weather.

### Topics and skills covered

1. 16 yr + health review
2. BSA Swimmers test (you must be able to pass)
3. Personal safety skills
4. Group safety skills
5. Written test ( you must pass )

Where: Northwest Pool (7000 Andath St Austin TX)  
Date: June 5th 10am -6pm  
Cost: \$35 for the class (includes course material, pool entrance fee, and lunch)  
Bring: BSA health form, swim suit, towel, sun screen  
Registration deadline is May 31st  
BSA Health form can be found:  
[www.scouting.org/filestore/pdf/34605\\_Letter.pdf](http://www.scouting.org/filestore/pdf/34605_Letter.pdf)



To register: Go to the CAC website, click on Event Registration, a calendar will pop up- look for the event date, then click on the event and follow the directions!

For additional information contact Dean Woodley [liveoak@texas.net](mailto:liveoak@texas.net)